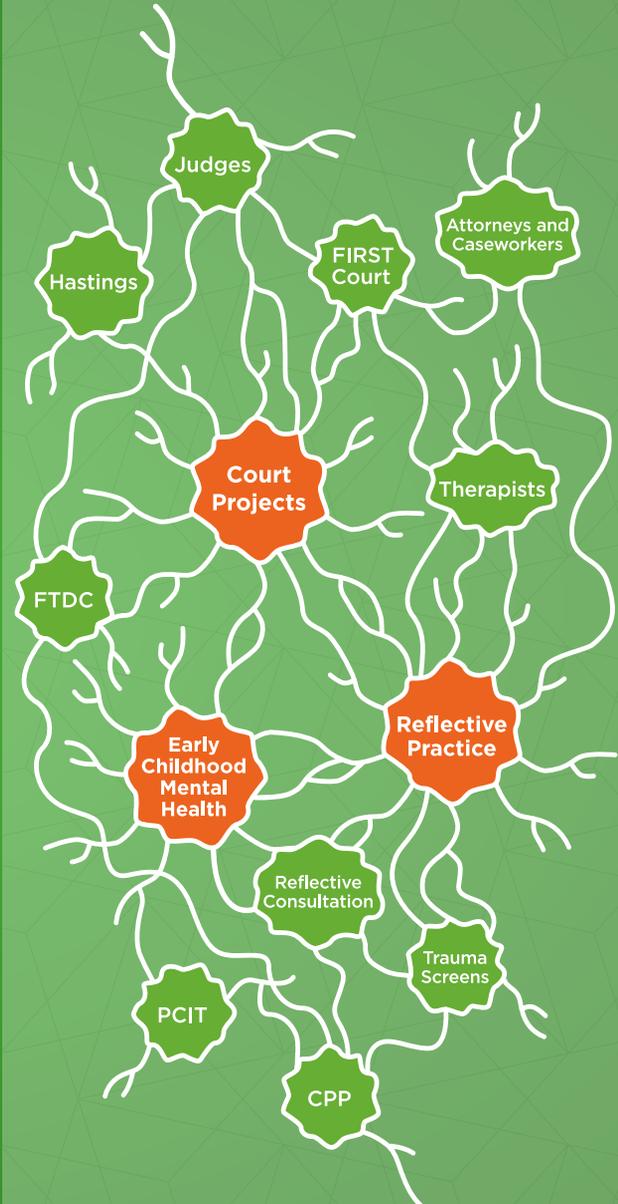


2018 Annual Report

Turning Connections Into Relationships

NEBRASKA RESOURCE PROJECT FOR
VULNERABLE YOUNG CHILDREN



Our Focus

Our mission is to improve the well-being of maltreated young children in Nebraska.



Letter from the Co-Directors

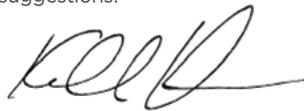
We are beginning our 5th year as the Nebraska Resource Project for Vulnerable Young Children (NRPVYC) and continue to be excited about our growth in people and programs. In 2018, we welcomed Madeline DeVeney as Training and Interactive Media Specialist, Matthew Carlson as Research Assistant Professor and Samantha Byrns as Outreach and Training Specialist. We have an active student worker program where several undergraduate students each year take part in our evaluation and program work and we contract with several attorneys and therapists across the state to provide reflective consultation and support. And our fantastic “veteran” crew of Cassie Roberts, Jamie Bahm and Kate Hazen continue to be a huge asset to what we do. All of our staff has a diverse set of talents and skills that contribute greatly to the quality of our work. We are so grateful for everything they do for the NRPVYC.

Our staff’s work has been instrumental in the growth of our program areas of reflective practice, early childhood mental health and court infusion in 2018. We trained on 34 topics to almost 1200 people. We traveled over 20,000 miles. We started training 20 new Child Parent Psychotherapy (CPP) therapists. We provided regular reflective consultation to 80 people, and 109 people went through our reflective practice

training program. We increased the number of court infusion projects we are supporting through evaluation and technical support, and we increased the diversity and size of our project funding.

Our growth is an indicator of the need for the services we provide, the hard work our staff dedicates to building these services, and the support and collaboration we have received from our many partners. We would like to extend special thanks to Betty Medinger and Lynne Brehm of Nebraska Children and Families Foundation (NCFF) for their support of our early childhood mental health and reflective practice work.

Enjoy reviewing this Annual Report and please reach out to us if you have questions, ideas or suggestions.



Kelli Hauptman
Co-Director



Jennie Cole-Mossman
Co-Director

Our Team



Jennie Cole-Mossman
Co-Director



Kelli Hauptman
Co-Director



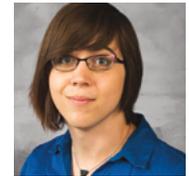
Jamie Bahm
Project Manager



Cassie Roberts
Project Coordinator



Katherine Hazen
Project Evaluator



Madeline DeVeney
Training and
Interactive Media
Specialist



Matthew W. Carlson
Research Assistant
Professor



Samantha Byrns
Outreach and
Training Specialist

Melanie Fessinger
Graduate Research
Assistant

Nebraska Children by the Numbers

©Kids Count in Nebraska 2018 Report



528,860

Children Living in Nebraska



2,105

Under Age 5 Involved With
DHHS Non-Court System



19,592

Children Participated in WIC



2,062

Under Age 3 Participated in
Nebraska Early Development Network



1,110

Under Age 3 Participated
in Sixpence Services

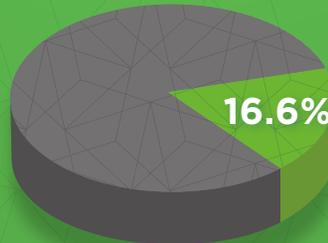


16,467

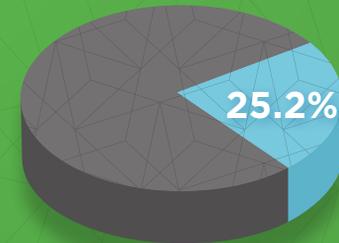
Participated in Public School-Based
Preschool Programs



14.1% of Children Lived in Poverty



16.6% of Babies Born
Had Inadequate Prenatal Care



25.2% of Children in Nebraska
Are Under the Age of 5

Early Childhood Mental Health

The early years of a child's life are very important in their development. The child's relationships with caregivers and others are critical in building the good mental health and well-being of a child. When a child does not receive the care, love, attention and

support of a caregiver, which could be due to parental mental health or substance use issues, domestic violence or other issues, the child is at risk for developing delays in development and poor mental health.

©Kids Count in Nebraska 2018 Report

Early Childhood Mental Health (ECMH) Data



40.5%

of Children Found to Be Maltreated Were Under the Age of 5



36.2%

of Children Entering the Juvenile Court System Were Under the Age of 5



1.6

Children Under 5 Average Number of Placements

20%

Nebraska Children Had Three or More Adverse Childhood Experiences (ACEs)



Among Children with 1 or More ACE, the Following Were Displayed:



57.6%

of Children Needing Mental Health Counseling Actually Received It



10%

of Mothers Experienced Maternal Depression Related to Their Pregnancy



28.1%

Nebraska Children Lived With a Single Parent



26%

Ongoing Emotional, Developmental, and/or Behavioral Health Condition



45%

Mother's Physical and Mental Health Is Very Good to Excellent



43%

Demonstrate Resilience



25%

Lack Demonstrated Positive Family Habits and Routine

Early Childhood Mental Health

Our project seeks to build programs in Nebraska that help support the parent-child relationship and early childhood mental health.

Our 2018 ECMH Work



Child Parent Psychotherapy (CPP)
Training Program
21 Therapists Began in 2018



CPP Therapist Registry
Management



Offered Live and Recorded
ECMH Webinars



Reflective Consultation
for ECMH Therapists



Trauma Based Consultations
for Children



Co-Sponsored and Managed Statewide
2018 Nebraska Young Child Institute
www.neyoungchildinstitute.com

Child-Parent Psychotherapy (CPP)

NRPVYC is the managing entity for CPP training in Nebraska

The NRPVYC manages the Child-Parent Psychotherapy (CPP) training program in Nebraska, through which over 100 therapists have been trained. CPP is an evidence-based therapy for children under 6 and their caregivers that helps the dyad address traumatic

events and build or rebuild their relationship. The 18-month CPP training program is an intensive multi-tiered training that combines classroom instruction and group mentoring as trainees take four CPP cases over that time period.

21

CPP Trainees in 2018

95

CPP Therapists Trained Through 2018

4

Nebraska CPP Trainers

7

CPP Training Program Training Days

36

CPP Training Program Consultation Sessions

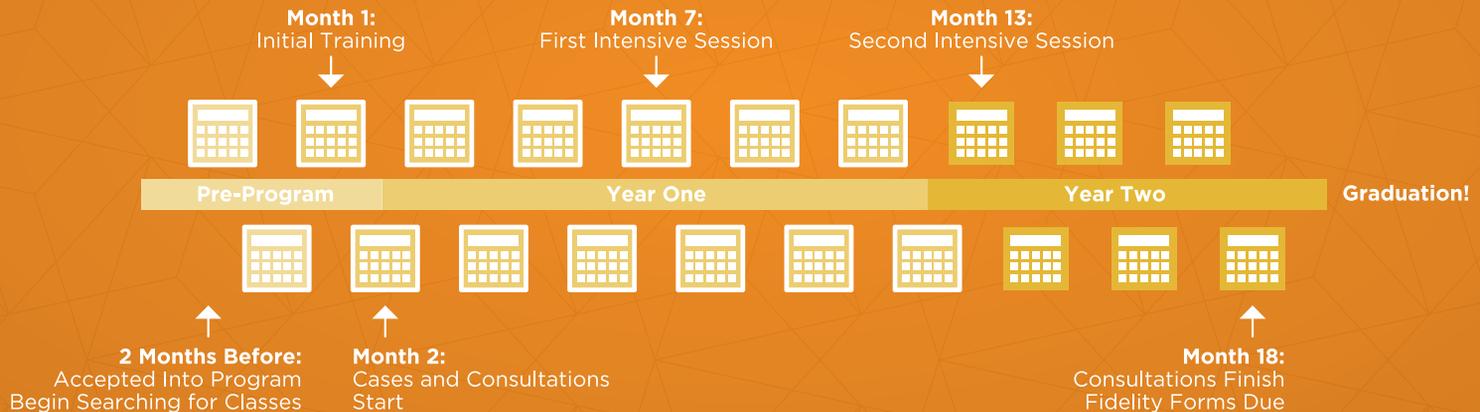
18

CPP Training Program Months to Complete

37

CPP Training Program Case Presentations

Nebraska Child-Parent Psychotherapy Learning Collaborative Training Program Timeline

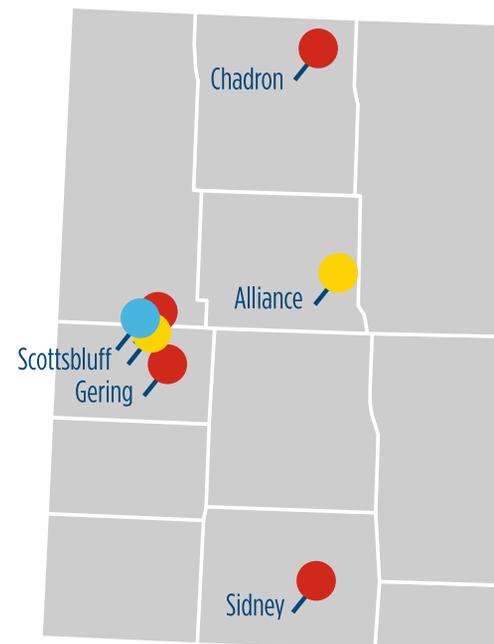


Covering Ground

The NRPVYC works across Nebraska in providing support, programming and training to communities, courts and agencies. In 2018, 1,200 people attended our trainings, 109 people participated in our reflective practice training program, 80 people participated in ongoing reflective consultation, and 21 CPP therapists started the training program.

Types of Trainings in 2018

Reflective Practice	17
Reflective Practice - Awareness	10
Early Childhood Mental Health	6
Trauma	5
Legal/Court	4
Developmental Problems in Young Children	4
Child Parent Psychotherapy	2
Nebraska Young Child Institute (Co-Sponsor)	1



Our Team



8 Staff and 4 Consultants



20,484

Miles Traveled by Staff in 2018

95

CPP Therapists Trained Through 2018

89

Tweets

10

New Grants and Contracts

1,200

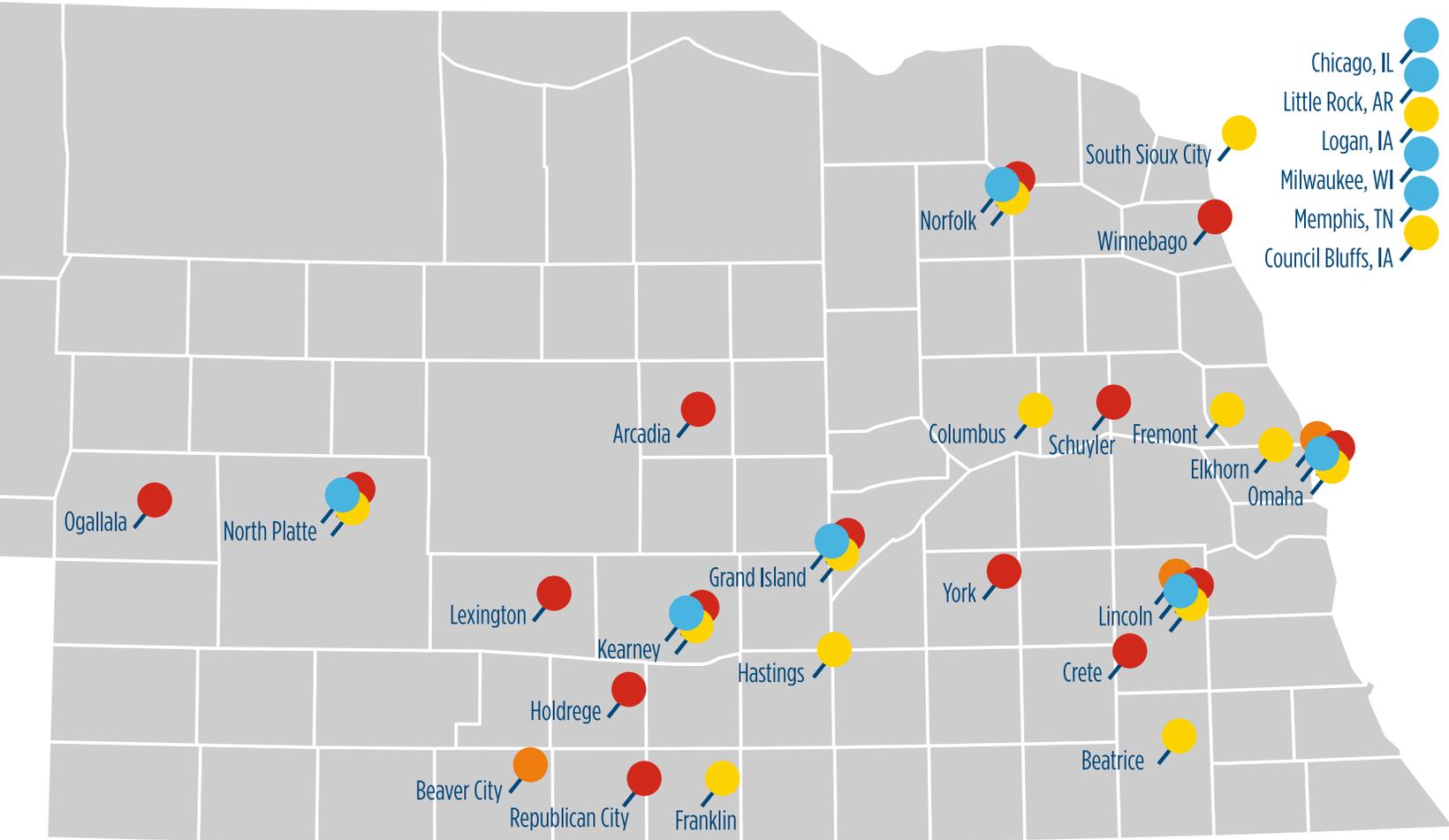
People Trained

49

Trainings in 2018
nebraskababies.com

MAP KEY

- CPP Therapists
- Court Infusion Projects
- People Trained in the FAN Reflective Practice model
- Trainings, Meetings and Conferences



Reflective Practice



Our Nebraska Center on Reflective Practice partners with Erikson Institute and our Nebraska partners below in utilizing the FAN model in reflective practice training and consultation for early childhood, child welfare and court system professionals.

Our Partners:

Erikson Institute



Four Types of Services

I. FAN Training Program: 2018 Reflective Practice Trainees: 109



II. Community of Practice for Reflective Practitioners



A Post-Training Supportive Network Managed by the NCRP

III. Consultation Services



2018 Reflective Practice Consultation Recipients: 80

IV. Awareness Trainings and Webinars



Expanding Our Reach Beyond the Initial Training Program

A View of Reflective Practice from the Field

“Reflective practice consultation has helped me to be able to recognize my biases towards continuing to approach my practice in the way I always have. In other words, it has enabled me to recognize that I function from a level of comfort and habit that is almost unconscious. It has also enabled me to recognize that I need to separate myself from my emotional responses to stressful situations and to be able to begin to see when those situations are arising and note by response.”

- Janine Vecchino, Attorney

“Reflective supervision is one of the greatest management tools I have come across in my 35 years in the field! It helps turn difficult conversations into structured, meaningful discussions. Using the reflective supervision structure helps dissipate the emotions of both the manager and employee. It helps change the focus from the employee’s problematic behavior to building their capacity to be a more effective employee. I have found it useful not only in individual and group supervision, but also in my daily conversations with family and co-workers. I would highly recommend this training!”

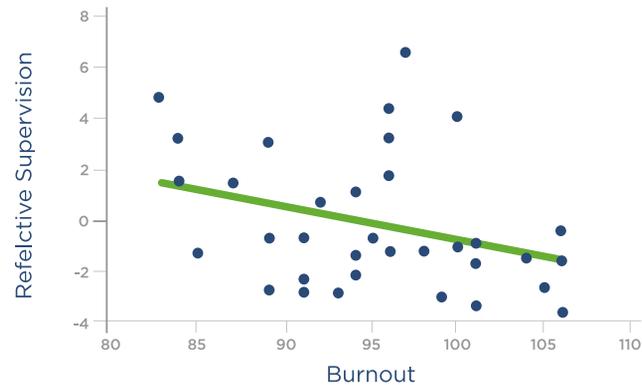
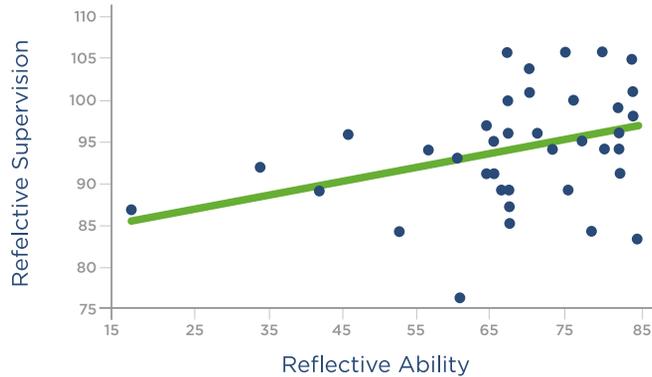
- Colleen Roth, Project Harmony

“Reflective Practice gives me a solid template for problem solving that addresses the emotions involved in the work we do and moves through to collaborative solutions. As an admitted “fixer”, Reflective Practice has provided me with some much needed insight into how limiting it is for a volunteer or staff person to have an issue or problem solved or fixed for them. Reflective Practice is a great way to discuss an issue, hear input and brainstorm solutions.”

- Dawn Rockey, CASA Director

Reflective Ability vs. Burnout

The quality of reflective supervision delivered to child welfare professionals is directly and positively related to their ability to reflect, which is linked with greater well-being. In addition, burnout among professionals is reduced.



Reflective Practice Resources



Trainer Support and Consultation



Annual Nebraska Reflective Practice Trainers Meeting



Nebraska Affiliation with Erikson Institute Fussy Baby Network



Nebraska Center on Reflective Practice



Online Library of Reflective Practice Research and Materials



Fidelity Monitoring



Statewide Practitioner Certification Registry

Court Infusion

Working with Nebraska juvenile courts to address the needs of infants and toddlers

FIRST Court

The NRPVYC partnered with Judge Crkovich in developing the FIRST Court track in her abuse/neglect cases to improve relationships and increase parent engagement and contact. FIRST Court is a unique therapeutic infusion that has the following characteristics:

- Monthly Court Team Meetings
- Regular reflective consultation for judge, attorneys and caseworkers
- Family Finding occurs at the beginning of the case
- Assigned CASA workers in every case

The NRPVYC provides the reflective consultation, program support and program evaluation.

Lancaster Family Treatment Drug Court

The Lancaster Family Treatment Drug Court was established by Judge Roger Heideman to better address juvenile court cases with parents who have substance use issues. The Lancaster FTDC has the following unique characteristics:

- Specialized caseworkers
- Monthly team meetings with all parties including the judge
- Biweekly progress reports on the family
- Increased access to treatment services and supportive housing

The NRPVYC provides reflective consultation to caseworkers and attorneys, conducts program evaluation, and partners with CASA and the FTDC team to manage the FTDC Alumni Mentor Program.

Core Components of FIRST Court



Specialized Attorneys and Caseworkers



Monthly Court Team Meetings



Regular Reflective Consultation for FIRST Court Professionals



Immediate Family Finding Services



Appointed CASA Volunteer

What is Family Treatment Drug Court?



Identification of Families With Substance Abuse



90-Day Review Hearings



More Opportunities for Parent Input



Specialized Trauma-Informed Services

Court Infusion

Our work with courts has continued to expand to include organization and support of court processes that infuse therapeutic practices supportive of families with young children. We currently have two primary partnerships with Judge Heideman's Lancaster County Family Treatment Drug Court and Judge Crnkovich's Douglas County FIRST Court. We also provide support to many other courts and court teams across Nebraska.

Other Areas of Court Infusion



IceBreaker Meetings
With Parents and
Foster Parents



Trauma Screens
Completed by
Caseworker or GAL



Children's Board
Books for Judges



Reflective Consultation
to Judges, Attorneys,
and Caseworkers



Production of
Brochures for Parents
and Professionals

Advisory Board

Jen Goettemoeller

Senior Policy Associate,
First Five Nebraska, *Lincoln*

Judge Roger Heideman

Lancaster County

Barb Jessing

Mental Health Consultant,
Omaha

Doug Kreifels

Southeast Service Area
Administrator, NE DHHS-Division
of Children & Family Services
Lincoln

Elizabeth McClelland

Deputy County Attorney,
Omaha

Betty Medinger

Vice President of Systems
Integration, Nebraska Children
and Families Foundation,
Lincoln

Judge Kris Mickey

Scotts Bluff County

Amy Bunnell

Co-Director, Early Development
Network, *Lincoln*

Judge Elizabeth Crnkovich

Douglas County

Samantha Faron

Licensed Clinical Social Worker
Scottsbluff

Tana Fye

Attorney, *Holdrege*

Judge Larry Gendler

Sarpy County

Deb VanDyke-Ries

Director, NE CIP, *Lincoln*

Karin Walton

Attorney, *Lincoln*

Dr. Vicky Weisz

Former Nebraska CIP Director
Washington, DC

Partnering Businesses



Erikson Institute





NEBRASKA RESOURCE PROJECT
FOR VULNERABLE YOUNG CHILDREN



[@NebraskaBabies](https://twitter.com/NebraskaBabies)

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