

Clinician

CE-CERT Training



The **Component for Enhancing Career Experience and Reducing Trauma (CE-CERT)** model offers practical skills and strategies to help sustain your career in a helping profession.

Unlike after-hours self-care practices, CE-CERT equips you with acquirable skills to transform your experience while you're helping others, in real time.

The CE-CERT model focuses on 5 key skill domains that enable you to:

- ✓ Stay engaged
- ✓ Process intense experiences effectively
- ✓ Recover from stress

CE-CERT Trainers:



Samantha Byrns
MSEd, LIMHP, LPC,
NCC, IMH-E®



Carrie Gottschalk
MS, LMHP

Foundations Training:

March 19-20, 2026

UNL-CCFL Offices - Lincoln, NE

Cost: \$200

Includes 10 consultation calls

Lunch provided both days

