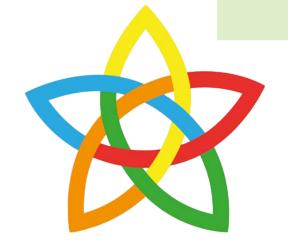


Clinician

CE-CERT Training



The Component for Enhancing Career Experience and Reducing Trauma (CE-CERT) model offers practical skills and strategies to help sustain your career in a helping profession.

Unlike after-hours self-care practices, CE-CERT equips you with acquirable skills to transform your experience while you're helping others, in real time. The CE-CERT model focuses on 5 key skill domains that enable you to:

- Stay engaged
- Process intense experiences effectively
- Recover from stress

CE-CERT Trainers:



Samantha Byrns MSEd, LIMHP, LPC, NCC, IMH-E®



Carrie Gottschalk MS, LMHP

Foundations Training:
March 19-20, 2026
UNL-CCFL Offices - Lincoln, NE

Cost: \$200 Includes 10 consultation calls Lunch provided both days





Questions? Email Ashtyn at abeck11@unl.edu

