



Nebraska Center on
Reflective Practice

2026 CE-CERT Awareness Webinars

This is a one-hour overview of the **Components for Enhancing Career Experience and Reducing Trauma (CE-CERT)** model of reflective practice.

Compassion fatigue. Burnout. Vicarious trauma. Morel distress.

This describes the emotional toll exacted upon workers in helping professions. CE-CERT is a model developed for helpers to achieve conscious control over autonomic dysregulation.

This webinar will cover:

- Why reflective practice is important for helping professionals
- The core components of the CE-CERT model of reflective practice
- An overview of the Nebraska Center on Reflective Practice (NCRP) and its training programs

2026 Dates:

January 21 (12-1pm)

May 5 (9-10 am)

August 5 (12-1 pm)

November 10 (9-10 am)

nebraskababies.com/events

Registration is free!

Certificates of attendance provided.

For questions, contact Ashtyn
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NEBRASKA
RESOURCE PROJECT
FOR VULNERABLE
YOUNG CHILDREN



CENTER ON CHILDREN,
FAMILIES, AND THE LAW