



EMDR Institute, Inc.  
Founded By Francine Shapiro, PhD



NEBRASKA RESOURCE PROJECT  
FOR VULNERABLE YOUNG CHILDREN



CENTER ON CHILDREN,  
FAMILIES, AND THE LAW

Nebraska 2026

# EMDR Basic Training

*Emphasizing Treatment of Children & Adolescents*

**Eye Movement Desensitization and Reprocessing (EMDR)** is an evidence-based therapy that helps children ages 2 and above process traumatic experiences or other negative emotions through accessing adaptive memory networks that promote positive shifts in feelings and perceptions.

This is an EMDR Institute Regional Training that is EMDRIA-approved. **This training is exclusively for licensed Nebraska mental health practitioners who treat children and teens in a clinical setting.**

**PART 1: JULY 29-31, 2026**

**PART 2: OCTOBER 29-30, 2026**

Includes 10 hours of case consultation after training

Trainer: Debra Wesselsmann, MS, LIMHP



**Kearney, NE - ESU 10**



**\$1,500**



**40 Credit Hours Total**

*Learn more and register at*

**NEBRASKABABIES.COM/EVENTS/2026-EMDR**

