





Nebraska 2026

EMDR Basic Training

Emphasizing Treatment of Children & Adolescents

Eye Movement Desensitization and Reprocessing (EMDR) is an evidence-based therapy that helps children ages 2 and above process traumatic experiences or other negative emotions through accessing adaptive memory networks that promote positive shifts in feelings and perceptions.

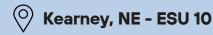
This is an EMDR Institute Regional Training that is EMDRIA-approved. This training is exclusively for licensed Nebraska mental health practitioners who treat children and teens in a clinical setting.

PART 1: JULY 29-31, 2026

PART 2: OCTOBER 29-30, 2026

Includes 10 hours of case consultation after training

Trainer: Debra Wesselmann, MS, LIMHP





40 Credit Hours Total

Learn more and register at

NEBRASKABABIES.COM/EVENTS/2026-EMDR

