




2026

Infant and Early Childhood Mental Health (IECMH) Overviews

April 1:

EMDR Treatment Overview **NEW!**

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This free overview explores how **Eye Movement Desensitization and Reprocessing (EMDR)** therapy helps repair the impact of early trauma and adversity in infants and young children. Participants will learn more about EMDR's mechanisms of action and ways to apply the approach with young children.

This webinar is for all professionals who work with children.



12-1 pm CT



Free!



Zoom

nebraskababies.com/events

Questions? Contact Haifaa hal-saadiz@unl.edu



NEBRASKA
RESOURCE PROJECT
FOR VULNERABLE
YOUNG CHILDREN

N CENTER ON CHILDREN,
FAMILIES, AND THE LAW