

2026

# Infant and Early Childhood Mental Health (IECMH) Overviews

## April 1:

### EMDR Treatment Overview

**NEW!**

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This free overview explores how **Eye Movement Desensitization and Reprocessing (EMDR)** therapy helps repair the impact of early trauma and adversity in infants and young children. Participants will learn more about EMDR's mechanisms of action and ways to apply the approach with young children.

This webinar is for all professionals who work with children.

12-1 pm CT



Free!



Zoom



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Questions? Contact Haifaa hal-saadiz@unl.edu

