

NEW

THE REFLECTIVE SUPERVISOR TRAINING PROGRAM

*Understanding Yourself,
Guiding Others*

This training helps supervisors strengthen both their internal leadership capacity and their practical supervision skills.



Develop skills that foster

- ✓ *Trust*
- ✓ *Staff autonomy*
- ✓ *Stronger team performance*

Effective supervision requires more than managing tasks—it involves guiding, supporting, and developing people. This training helps supervisors strengthen their leadership by building greater self-awareness and equipping them with practical strategies for conducting meaningful supervision conversations.

Developed by the



Nebraska Center on
Reflective Practice

The Reflective Supervisor Training

🕒 2 months

2 one-hour pre-training consultation calls

(2-3 weeks prior to training)

- *reflect on leadership experiences*
- *explore strengths and challenges in supervision*



2 days of in-person training



2 one-hour post-training consultation calls

(2-3 weeks following training)

- *reflect on experiences applying skills in supervision practice*

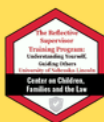


Did you know?

Graduates of Reflective Supervisor Training will:



Leave with actionable strategies they can immediately apply to **strengthen** supervision conversations, **support** employee growth, and **lead** their teams with greater **clarity** and **confidence**.



**Earn a micro-credential
digital badge**



Nebraska Center on
Reflective Practice

<https://nebraskababies.com/ncrp>