

# Child-Parent Psychotherapy Training Application

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## Description

Child-Parent Psychotherapy (CPP) is an evidence-based practice for treating children birth to five who have been exposed to trauma in the form of child maltreatment, sudden or traumatic death of someone close, witnessing domestic violence, disruption of attachment, or multiple changes of placement. Young children may experience behavior, attachment, and/or mental health problems, including post-traumatic stress disorder (PTSD).

The primary goal of CPP is to support and strengthen the relationship between a child and his or her parent (or caregiver) as a means of restoring the child's sense of safety, attachment, and appropriate affect; and improving the child's cognitive, behavioral, and social functioning.

Learn more about CPP at [www.nebraskababies.com/cpp](http://www.nebraskababies.com/cpp).

## Training Program Details

Implementation-level training in CPP consists of the following training elements:

- The Collaboration consists of 7 total training days, called Learning Sessions, beginning with a 3-day didactic Learning Session, followed by two 2-day intensive implementation Learning Sessions offered six months apart;
- Weekly reflective consultation/supervision;
- Twice-monthly consultation with a CPP trainer via phone and video conferences, and;

- At least two presentations of videotaped sessions for supervision/learning purposes.

All components are mandatory. By applying for this training, you are agreeing that you can fulfill all the responsibilities of this training program.

Learning Session I will take place on April 26-30, 2021 virtually. Learning Session II will be held on October 28 and 29, 2021 if in person and October 21, 22, 28, and 29 if online. Learning Session III will be held on April 7 and 8, 2022 if in person and April 7, 8, 14, and 15 if online.

## **Application Details**

This application **must** be completed online at:

[www.nebraskababies.com/2021-2022-child-parent-psychotherapy-training-application](http://www.nebraskababies.com/2021-2022-child-parent-psychotherapy-training-application)

The deadline to apply is **5:00 PM Central Time, February 17, 2021**. Training is limited to 20 participants; therefore, determination of eligibility and approval for training will be completed by the CPP Learning Collaborative. Applicants will not be chosen on a first come, first serve basis but rather according to need and capacity to serve. You will be informed by March 17, 2021, as to whether you have been selected to attend training.

The training program costs \$500 for therapists licensed in the state of Nebraska and \$1,500 for therapists licensed in any other state. Out-of-state therapists will also have to obtain permission from the Nebraska Child-Parent Psychotherapy Learning Collaborative to take this program. The costs of this training include all components listed above. Applicants will be responsible for purchasing their textbooks (under \$100 in total cost) and paying for travel expenses.

Please contact Samantha Byrns at [sbyrns2@unl.edu](mailto:sbyrns2@unl.edu) if you have questions.

## A. General Information

Gender:

Male  Female  Other: \_\_\_\_\_

Ethnicity:

White  Black/African American  Asian  American Indian/Alaska Native

Native Hawaiian/Other Pacific Islander

Are you Hispanic, Latino, or Spanish:

Yes  No

Please list your date of birth:

\_\_\_\_\_

Are you fluent in any other languages?

\_\_\_\_\_

Degree:

\_\_\_\_\_

## B. Employment Information

Current Title:

\_\_\_\_\_

Current Employer/Organization:

\_\_\_\_\_

Dates of Employment:

\_\_\_\_\_ to \_\_\_\_\_

Work Address:

\_\_\_\_\_

Work E-Mail Address:

\_\_\_\_\_

Work Phone:

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Work Cell:

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Work Fax Number:

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Past Employers/Organizations (relevant to mental health):

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### **C. Experience, Education, Licensing, Certifications, and Training**

1. Please list current professional licenses you hold in mental health practice (include state of issue and date received).
2. Please list the license number(s) for the above license(s).
3. Please list any other current professional certification you hold.
4. Are you currently a Nebraska Medicaid/managed care provider?
5. Have you had any disciplinary actions filed against you within the past six months? If yes, please explain.
6. Please describe your prior therapeutic experience with children five and under.
7. What other evidence-based training or experiences have you completed relevant to young children?

8. What coursework or professional training have you completed relevant to early childhood development?

9. What is your level of expertise in early childhood development?

Beginner    Intermediate    Advanced

Please explain.

10. What is your theoretical orientation? Degree to which you incorporate each orientation into your work?

### **D. Additional Information**

11. Approximately what percentage of your caseload is primary therapeutic work with young children (and their families)?

12. Ethnicities of your caseload (approximate percentages):

\_\_\_\_\_ % African-American

\_\_\_\_\_ % Caucasian

\_\_\_\_\_ % Asian

\_\_\_\_\_ % Native American

\_\_\_\_\_ % Latino

\_\_\_\_\_ % Mixed: \_\_\_\_\_

\_\_\_\_\_ % Other: \_\_\_\_\_

13. Socioeconomic status of your caseload (approximate percentages):

\_\_\_\_\_ % Low (Poverty Level)

\_\_\_\_\_ % Middle

\_\_\_\_\_ % High

14. What is your typical approach to engaging parents in the treatment process?
15. CPP cases can be as challenging as they are rewarding. Please explain what helps you work effectively with complex and sometimes frustrating systems.
16. Five CPP cases are the suggested maximum for each practitioner. What number of CPP cases do you intend to commit to at any given time?
17. It is recommended that you have a case ready to begin at initial training, or at least within 30-45 days of the initial training. Do you have an existing referral source for CPP?
- Please describe.
18. Are you willing to accept child welfare cases for CPP? This would include making regular reports to case managers and the Court, and may include court testimony.
19. Describe your practice setting (group, agency, solo). Are other practitioners in your setting training or in training for CPP?
20. What support do you have from your agency or community in completing CPP training and taking CPP clients?

21. Who provides your clinical consultation or supervision? If you require a supervising practitioner, who is it? Are they CPP trained and/or have other special training for working with children five and under? Are they willing to conduct and do they have experience conducting an initial diagnostic interview with a child five and under?

22. Do you anticipate remaining in your place of practice during the next 18 months?

If no or unsure, please elaborate:

23. Please describe your practice standards for timely clinical documentation, HIPAA compliance, court reports, communication with collateral sources, etc.

24. Do you foresee any difficulties allowing staff to videotape sessions and share them with the CPP trainer?

You **must** attach a letter of recommendation from your clinical supervisor, consultant, or other professional who can attest to your clinical skills as referenced in the NCTSN Clinical Competency Criteria.

**By submitting this application, I am  
confirming that:**

- I can commit to the full 18-month training process, which includes an initial 3-day training, twice-monthly consultations, 2 two-day intensive sessions and providing at least two videotaped sessions for supervision/learning purposes.
- I am receiving support from my employer in committing my non-reimbursable time to the training process.
- I am willing to present a case (and videotape) at least twice during consultation calls and to actively participate in all calls.
- During the training process, I will learn and complete CPP fidelity measures.
- I have, or can obtain, video recording capability in my practice setting and can connect to online video conferencing. (If you are in a practice setting with a network, please consult with your IT department.)
- I am willing to support implementation of CPP in my community.
- I will complete the full training process in 18 months, including submission of fidelity data to the CPP trainers. If I do not complete the process in 18 months, I will be charged \$150 per month to complete the process.